

**VASECTOMY****BEFORE:**

- You will need somebody to drive you.
- The procedure lasts 20 - 30 minutes.
- Shave the area, as instructed, the night before.
- The morning of the procedure, you can eat breakfast and have 1 cup of coffee.
- Local anesthesia is used to completely numb the surgical sites.
- The Pro-Nox system is available to help relieve pain and anxiety during the procedure (see additional sheet).

**AFTER:**

- Although NO SCAPEL will be used, a small opening in the skin is required on each side.
- 1-2 dissolvable stitches will be used to close each of the two sites, these stitches are yellow/brown in color and will dissolve on their own in about 1 week.
- Ice the area that afternoon and the following day.
- The incisions/scrotum may become black and blue over the next few days.
- You can shower the day after the procedure. No special bandages are needed.
- No intercourse, ejaculation, masturbation, exercise/gym, or swimming for 1 week after procedure.
- Your urination, ejaculate volume, or sensation of ejaculation will not change.
- You will return to see Dr. Disick about 1 week after the procedure.
- It is not uncommon to feel a small lump or be tender at the site for 1 – 2 weeks.
- Practice safe sex for the next 3 months.
- You will do a Semen Analysis 3 months after the procedure to confirm there is no sperm in the semen.

\*\* Please be advised that you may receive a bill from a pathology laboratory (not our office). We send out the sections of the vas deferens that was removed for confirmation and documentation purposes. Your insurance may cover all or only a portion of these charges; the remainder is the patient's responsibility. You are responsible for knowing and understanding your insurance policy. Please be aware that even though you have medical insurance, a procedure still requires a financial responsibility on the part of the patient. This responsibility obligates you to ensure payment in full for the services you receive. It is the patient, not the insurance company, who is ultimately responsible for all payment obligations arising from their treatment. You are responsible for deductibles, co-payments, co-insurance amounts, and/or any other patient responsibility indicated by your insurance carrier.