

YOU ARE SCHEDULED FOR A SURGICAL PROCEDURE BY DR. GRANT DISICK:

Please note that it is your responsibility to schedule a pre-surgical clearance appointment with your primary care physician at least 30 days before your surgery. We will let your primary care doctor's office know what procedure you're having and what blood tests, chest x-ray, EKG, etc. the hospital requires. *Some* patients may also need to see their Cardiologist for additional clearance.

☐ West Boca Medical Center 561-488-8200. 21644 State Road 7, Boca Raton, FL 33428.
Located on 441/SR-7, south of Glades Road and north of Palmetto Park Road.

☐ WBMC Outpatient Surgery Center 561-482-9765. 9970 Central Park Blvd. North.
Please note: This is **not** at our office and is **not** at the West Boca Medical Center Hospital main building.
From north of hospital: Take 441 south, turn left at the 2nd traffic light south of Glades Road onto Central Park Blvd North. Take your first immediate right and look for the 9970 building straight ahead (not 9980). The entrance to the surgery center is at the back of the 9970 building, facing 441.

The day before your procedure, the hospital (*NOT OUR OFFICE*) will contact you at some time before 5pm, instructing you exactly where and when you are to report on the day of your surgery. Calling our office and asking what time you need to be at the hospital *IS NOT NECESSARY* as this time is per the hospital schedule.

Please stop blood thinners ____ days before your procedure.

This includes: Aspirin, Coumadin/Warfarin/Jantoven, Plavix (Clopidogrel), Eliquis (Apixaban), Heparin, Pradaxa (Dabigatran), Xarelto (Rivaroxaban), Brilinta (Ticagrelor), Ibuprofen (Aleve, Motrin, Advil, Naproxyn).

Please do NOT eat or drink anything starting at midnight the night before your procedure. You are allowed to take your regular medications on the morning of surgery with a small sip of water.

Please bring your driver's license, insurance card, a current list of your medications and allergies, and family member's phone numbers with you to the hospital/surgicenter.

You will meet the Anesthesiologist on the day of surgery to discuss the anesthesia & have your questions about anesthesia answered.

If you are having same-day/outpatient surgery, please arrange a ride home; you cannot drive yourself home.

If you are going to be staying in the hospital after surgery, you may want to bring: glasses/contact lenses, phone charger, bedroom slippers/flip flops, eye mask, earplugs, & comfortable clothes to change into upon discharge. Please leave all jewelry, watches, and valuables at home. You do not need to bring your medicines with you, as we request that you *do not* take your own medications if you are staying in the hospital after your procedure. Additionally, West Boca Medical Center cannot guarantee private rooms after surgery.

You are responsible for knowing and understanding your insurance policy. Please be aware that even though you have medical insurance, a surgical procedure still requires a financial responsibility on the part of the patient. This responsibility obligates you to ensure payment in full for the services you receive. It is the patient, not the insurance company, who is ultimately responsible for all payment obligations arising from their treatment. You are responsible for deductibles, co-payments, co-insurance amounts, and/or any other patient responsibility indicated by your insurance carrier. Please also be aware that it is our policy to collect the surgeon's fees prior to surgery if you have not yet met your yearly deductible/out-of-pocket amount. Our billing company will notify your insurance carrier of the amount that has been prepaid by you. Please note that we collect the minimum allowable prior to surgery (according to Medicare coding guidelines). However, depending on your insurance carrier and your eligibility/coverage, the final bill may not be the same as the amount prepaid by you; this could result in either a refund to you OR an additional payment required from you. Sunshine Billing Company 877-612-3871.