

YOU ARE SCHEDULED FOR A SURGICAL PROCEDURE BY DR. GRANT DISICK:

Regardless of how recently you may have seen your primary care physician, please note that it is *your responsibility* to schedule a pre-surgical clearance appointment with your PCP at least 30 days before your surgery. We will let your PCP's office know what procedure you are having and what blood tests, chest x-ray, EKG, etc. the hospital requires. If you are under a cardiologist's care, you will also need to see them for additional clearance. If you do not schedule your pre-surgical clearance appointment and do the necessary blood work and tests, your surgery may have to be rescheduled. For questions about your upcoming surgery and clearance related issues, please call the Surgical Coordinator, Madeleine Kelly, at extension 4.

West Boca Medical Center 561-488-8200. 21644 State Road 7, Boca Raton, FL 33428.
Located on 441/SR-7, south of Glades Road and north of Palmetto Park Road.

WBMC Outpatient Surgery Center 561-482-9765. 9970 Central Park Blvd. North.
Please note: This is **not** at our office and is **not** at the West Boca Medical Center Hospital main building.
From north of hospital: Take 441 south, turn left at the 2nd traffic light south of Glades Road onto Central Park Blvd North. Take your first immediate right and look for the 9970 building straight ahead (not 9980). The entrance to the surgery center is at the back of the 9970 building, facing 441.

The day before your procedure, the hospital (*NOT OUR OFFICE*) will contact you at some time before 5pm, instructing you exactly where and when you are to report on the day of your surgery. Calling our office and asking what time you need to be at the hospital *IS NOT NECESSARY* as this time is per the hospital schedule.

Please do NOT eat or drink anything starting at midnight the night before your procedure. You are allowed to take your regular medications on the morning of surgery with a small sip of water.

Please bring your driver's license, insurance card, a current list of your medications and allergies, and family member's phone number with you to the hospital.

You will meet the Anesthesiologist on the day of surgery to discuss the anesthesia & have your questions about anesthesia answered.

If you are having same day/outpatient surgery, please arrange a ride home; you cannot drive yourself home.

If you are going to be staying in the hospital after surgery, you may want to bring: glasses/contact lenses, phone charger, bedroom slippers/flip flops, eye mask, earplugs, & comfortable clothes to change into upon discharge. Please leave all jewelry, watches, and valuables at home. You do not need to bring your medicines with you, as we request that you *do not* take your own medications if you are staying in the hospital after your procedure. Additionally, West Boca Medical Center cannot guarantee private rooms after surgery.

BLOOD THINNERS:

Please stop blood thinners ____ days before your procedure.

Aspirin
Coumadin/Warfarin/Jantoven
Plavix (Clopidogrel)
Eliquis (Apixaban)
Pradaxa (Dabigatran)
Xarelto (Rivaroxaban)
Brilinta (Ticagrelor)
Ibuprofen (Aleve, Motrin, Advil, Naproxyn).

GLP-1 AGONISTS:

For patients on **WEEKLY** dosing, **stop** GLP-1 agonists **1 WEEK** prior to surgery:

Ozempic and **Wegovy** (Semaglutide)
Mounjaro (Tirzepatide)
Trulicity (Dulaglutide)
Bydureon (Exenatide)

For patients on **DAILY** dosing, **do not take** GLP-1 agonists **on the day of surgery**

Adlyxin (Lixisenatide)
Byetta (Exenatide)
Rybelsus (Semaglutide)
Saxenda (Liraglutide)
Victoza (Liraglutide)
Byetta (Exenatide)

SGLT-2 INHIBITORS:

Please stop SGLT-2 Inhibitors **3 days** prior to procedure

Farxiga
Jardiance
Invokana

You are responsible for knowing and understanding your insurance policy. Please be aware that even though you have medical insurance, a surgical procedure still requires a financial responsibility on the part of the patient. This responsibility obligates you to ensure payment in full for the services you receive. It is the patient, not the insurance company, who is ultimately responsible for all payment obligations arising from their treatment. You are responsible for deductibles, co-payments, co-insurance amounts, and/or any other patient responsibility indicated by your insurance carrier. Please also be aware that it is our policy to collect the surgeon's fees prior to surgery if you have not yet met your yearly deductible/out-of-pocket amount. Our billing company will notify your insurance carrier of the amount that has been prepaid by you. Please note that we collect the minimum allowable prior to surgery (according to Medicare coding guidelines). However, depending on your insurance carrier and your eligibility/coverage, the final bill may not be the same as the amount prepaid by you; this could result in either a refund to you or an additional payment required from you. You may also incur separate and additional fees from the hospital, anesthesiologist, and pathology department (if specimens are sent to pathology for analysis). These charges are not being billed by Dr. Disick or under his control. Dr. Disick's medical billing is not done by/in our office; billing is done by GenesisCare through Sunshine Billing Company 877-612-3871.