

## Pro-Nox



### **What is Pro-Nox?**

Pro-Nox is a Nitrous Oxide delivery system that allows you as the patient to safely control your anxiety and pain relief during any medical procedure. Nitrous Oxide gas is also commonly known as “Laughing Gas”.

Using a specially designed on-demand valve, a fixed mixture of 50% Nitrous Oxide and 50% Oxygen is delivered when you breathe in through the mouthpiece. You manage how often to use it and for how long, while still being cognizant and awake, yet able to respond on your own terms.

### **How does Pro-Nox work?**

The equipment is calibrated to ensure a perfect 50/50 blend of Nitrous Oxide and Oxygen to be delivered with each breath. Inhale while holding your own mouthpiece. Keep the mouthpiece up to your mouth, or nearby, as directed by your provider. Breathing in and out will help relieve pain and anxiety.

### **Does Pro-Nox have side effects?**

Some patients report nausea, but taking a few deep breaths without the mouthpiece up to your mouth will eliminate this feeling.

### **Do I breathe from the Pro-Nox during the entire procedure?**

No, you will breathe from the system only when you need it for pain relief or anxiety.

### **Are there any special preparations to use the Pro-Nox?**

No. You don't have to fast or discontinue the use of any of your regular prescription medications before using Pro-Nox.

### **Can I drive myself home after using Pro-Nox during a procedure?**

Yes, unless instructed otherwise. The effects subside within a few minutes of breathing regular air.

### **Is Nitrous Oxide Safe?**

The 50/50 mix of Nitrous Oxide and Oxygen has been used for decades. Studies have shown that it is non-addictive and decreases the need for other narcotics or pain medication.

### **Is Pro-Nox covered by my health insurance?**

No. A separate fee is required for the medical practice to cover the cost of the Nitrous Oxide gas, the Oxygen gas, and the single use tubing/mouthpiece.

**Where can I learn more?** <https://www.pro-nox.com>