



YOU ARE SCHEDULED FOR A **PROSTATE ULTRASOUND & PROSTATE BIOPSY** (UNDER ANESTHESIA/DEEP SEDATION)

DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ LOCATION: WBMC Outpatient Surgery Center 561-482-9765

Please note: The biopsy is **not** at our office and is **not** at the West Boca Medical Center Hospital main building.

The West Boca Outpatient Surgery Center is at 9970 Central Park Blvd. North in Boca Raton.

Take 441 south and turn left at the 2<sup>nd</sup> traffic light south of Glades Road onto Central Park Blvd North. Take your first right into the parking and look for the 9970 building straight ahead (not the 9980 building). The entrance to the surgery center is at the back of the 9970 building facing 441.

#### PRE BIOPSY INSTRUCTIONS:

- Stop taking all blood thinners 1 week prior to the procedure (Aspirin, Coumadin/Warfarin/Jantoven, Plavix (Clopidogrel), Eliquis (Apixaban), Heparin, Pradaxa (Dabigatran), Xarelto (Rivaroxaban), Brilinta (Ticagrelor), Ibuprofen, Aleve, Motrin, Advil).
- The day before your procedure, the surgery center (*not* our office) will contact you at some time before 5pm, instructing you with the time and exact location where you are to report on the day of your biopsy. Please do not call our office to ask what time you have to be there; we will not have the answer.
- Please bring your drivers' license, insurance card, a list of your medications/allergies, this instruction sheet, and the phone number of the person who will be driving you home from the hospital/surgicenter.
- Do **NOT** eat or drink the morning of the procedure; take your regular medications with a small sip of water.
- The morning of your procedure, while at home, please administer a Fleet Enema rectally. This must be purchased separately at a pharmacy.
- An antibiotic prescription has been given to you – start taking these the day BEFORE the procedure. Most patients are given Ciprofloxacin ("Cipro") 500mg twice a day x 3 days (6 pills given).
- Keep track of taking these antibiotic pills and the enema by checking the boxes below:

Day <b>before</b> procedure:	<input type="checkbox"/> (Morning)	<input type="checkbox"/> (Evening)
Day <b>of</b> procedure:	<input type="checkbox"/> Enema	<input type="checkbox"/> (Morning) <input type="checkbox"/> (Evening)
Day <b>after</b> procedure:	<input type="checkbox"/> (Morning)	<input type="checkbox"/> (Evening)

#### POST BIOPSY INSTRUCTIONS:

- You will need someone to drive you home as this procedure is being done under anesthesia.
- Procedure typically takes under 20 minutes; you will be in the recovery room for about 1 hour after.
- You can resume your regular diet and shower normally after the procedure that evening.
- Please stay at home the afternoon of the procedure; you can resume normal activities (including swimming and exercise) the next day if there is no blood in your urine.
- It is not uncommon to see blood in your urine or stool for up to 3-5 days after the biopsy.
- You may see blood in your semen/ejaculate for as long as 6 weeks after the biopsy.
- You can resume your blood thinners 2 days after the biopsy.
- Please finish the antibiotic pills as described above.

CALL OUR OFFICE (561-488-5506) if you experience: Temperature over 101.5, chills/shakes, trouble voiding or not urinating at all, large amounts of blood in urine or from rectum.

It can take up to 7-10 days for us to receive the biopsy results; **we do not give results over the telephone.** It is common for the West Boca Medical Center pathologists to send the biopsy slides to another hospital or pathology lab for a secondary review and/or special immunostaining testing; this can increase the time for the final results longer than 1 week.

You have an appointment to review the results with Dr. Disick **in the office.** The biopsy result appointment is a separate and distinct office visit and is not "included" as part of the biopsy; regular office visit copays & billing procedures apply. Please understand that this is not a policy set by Dr. Disick; it is the policy every insurance company has established for prostate biopsies.

Your office appointment for biopsy results: DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

\*\* Please be advised that you may receive a bill from the pathology laboratory (not our office) for preparation of the biopsy slides. You may also receive a bill from the hospital/surgicenter and anesthesia provider. Your insurance may cover all or only a portion of these charges; the remainder is the patient's responsibility. You are responsible for knowing and understanding your insurance policy. Please be aware that even though you have medical insurance, a procedure still requires a financial responsibility on the part of the patient. This responsibility obligates you to ensure payment in full for the services you receive. It is the patient, not the insurance company, who is ultimately responsible for all payment obligations arising from their treatment. You are responsible for deductibles, co-payments, co-insurance amounts, and/or any other patient responsibility indicated by your insurance carrier.